



Name of School:

Name of Course: **Exploring Foods**

Instructor Information

Name:
E-mail address:
School phone number:
Web page address:
Best times to be reached:

Course Description

This course is basic introductions to food preparation. Students will be introduced to technical reading and cooperative groups as they prepare food from the food groups.

District Standards and Power Benchmarks

Power Standards:

1. Apply skills in planning, preparation, and evaluation of foods.
2. Demonstrate technical reading skills.

Power Benchmarks:

1. Apply basic safety and sanitation procedures in lab.
2. Demonstrate proper selection and use of equipment.
3. Exhibit ability to measure accurately.
4. Follow sequential directions for completion of products
5. Prepare basic foods from each area of 'My Pyramid Guide.'
6. Demonstrate skills in the planning, preparation, and evaluation of foods.
7. Distinguish healthy food choices.
8. Demonstrate positive job skills.

Course Information

Course Outline/Calendar

Students will demonstrate kitchen safety and sanitation procedures and measurements and equivalents. Through cooperative learning lab planning, preparation, and evaluation will be accomplished by technical reading. Students will also discuss My Pyramid Guide.

Test/Other Required Materials/Resources

Instructional Procedures & Support

Course deliveries are in the form of cooperative learning and labs. Teaching strategies include demonstrations, technical reading skills, vocabulary development, and peer assistance.

Classroom Management Procedures

Assessment Plan

Each student will be assessed based on quizzes, rubrics, lab evaluations and end of term assessment.

Grading System

A	93 and above	Firm command of knowledge domain
A⁻	90 - 92	High level of skill development Exceptional preparation for later learning
B⁺	87 - 89	Command of knowledge beyond the basic concepts of knowledge
B	83 - 86	Advanced development of most skills Has prerequisites for later learning
B⁻	80 - 82	
C⁺	77 - 79	Command of the basic concepts of knowledge
C	73 - 76	Demonstrates ability to use basic skills Lacks a few prerequisites for later learning
C⁻	70 - 72	
I		The letter "I" indicates the student has not satisfactorily achieved the grade/course-level benchmarks and/or has missing work. "I" status is temporary and not a final grade. The letter "I" may affect athletic eligibility.
D⁺	67 - 69	Lacks knowledge of some fundamental ideas
D	63 - 66	Some important skills not attained
D⁻	60 - 62	Deficient in many of the prerequisites for later learning
F	59 and below	Most of the basic concepts and principles not learned Most essential skills have not been demonstrated Lacks most prerequisites needed for later learning