

**Human Growth and Development Curriculum
Davenport Community School District
2009**

Statement: The Davenport Community School District offers a comprehensive K-12 Human Growth and Development Curriculum that is medically accurate and age appropriate. The emphasis is abstinence based while including information on STD and unintended pregnancy prevention.

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Kindergarten	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • External organs • Internal organs • Senses: hearing, sight, touch, smell, & taste 	<ul style="list-style-type: none"> • Names various body parts • Describes the functions of various body parts • Recite three ways to help the body stay healthy • Names and describes the five senses • Identifies how the senses are used 	<ul style="list-style-type: none"> • My Body and Me • Too Good for Drugs

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
First Grade	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • External organs • Internal organs • Senses: hearing, sight, touch, smell, & taste 	<ul style="list-style-type: none"> • Names various body parts • Describes the functions of various body parts • Recite three ways to help the body stay healthy • Names and describes the five senses • Identifies how the senses are used 	<ul style="list-style-type: none"> • My Body and Me • Too Good for Drugs

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Second Grade	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • Dental exam • Teeth • Gum • Brush • Floss 	<ul style="list-style-type: none"> • Discuss the importance of regular health maintenance • Tells what happens during a dental exam • Explains how to care for teeth and gums • Shows the correct way to brush and floss • Tells ways to care for your teeth 	<ul style="list-style-type: none"> • Science (Dental Health)

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Third Grade	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • Systems: digestive, respiratory, circulatory, muscular, skeletal, and neurological • Structure • Function • Homeostasis 	<ul style="list-style-type: none"> • Describes how the human body is organized • Describes the structure and function of each system • Explains how the body systems work together 	<ul style="list-style-type: none"> • Science (FOSS: Human Body)

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Fourth Grade	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • Stages of life • Adolescence • Adulthood 	<ul style="list-style-type: none"> • Describes the stages of life • Describes ways that you have changed since birth • Describes the changes that will occur in adolescence • Describes the changes that occur in adolescence and adulthood 	<ul style="list-style-type: none"> • Growing Up Program (Nurses, PE teachers)

Notification of the Growing Up Program shall be sent home. The notification shall include information about the Growing Up Program and the option of excusing a pupil from the program by the parent/guardian.

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Fifth Grade	Describe basic structure and function of the human body systems	<ul style="list-style-type: none"> • Stages of life • Adolescence • Adulthood 	<ul style="list-style-type: none"> • Describes the stages of life • Describes ways that you have changed since birth • Describes the changes that will occur in adolescence • Describes the changes that occur in adolescence and adulthood 	<ul style="list-style-type: none"> • Growing Up Program (Nurses, PE teachers)

Notification of the Growing Up Program shall be sent home. The notification shall include information about the Growing Up Program and the option of excusing a pupil from the program by the parent/guardian.

Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Intermediate	Students will demonstrate the ability to practice health enhancing behaviors and reduce health risk using goal setting and decision making skills.	<ul style="list-style-type: none"> • Puberty • Reproduction • Labor • Childbirth • Seminal vesicles • Prostate gland • Urethra • Penis • Testes • Scrotum • Vas deferens • Epididymis • Sperm • Ovaries • Fallopian tubes • Uterus • Endometrium • Cervix • Vagina • Ovulation • Menstruation • Menstrual cycle • Menopause • Fertilization • Egg cell • Embryo • Fetus • Placenta 	<ul style="list-style-type: none"> • Students will understand puberty and be able to identify the physical changes the body goes through during this time • Students will be able to identify the difference between primary and secondary sex characteristics • Students will understand the structure and function of the male and female reproductive systems • Students will understand reproduction and child birth • Students will understand the benefits and rewards of abstinence • Students will be able to list the multiple 	<ul style="list-style-type: none"> • Textbook • CDC • Healthy Kids Org. • Videos: puberty, reproduction, labor and delivery, HIV, & AIDS • American Red Cross • Scott County Health Department • Crisis Pregnancy Center • Family Resources

		<ul style="list-style-type: none">• Umbilical cord• Zygote• Trimesters• Abstinence• STD• Hormones• Obstetrician• Gynecologist• Vasectomy• Tubal ligation• Spermicides• Prenatal	<p>methods of birth control and their effectiveness in preventing pregnancy and/or sexually transmitted diseases, including HIV and AIDS</p> <ul style="list-style-type: none">• Students will be able to define sexually transmitted diseases, including HIV and AIDS, effects on the body, and treatment	
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Grade level	Benchmark	Vocabulary	Key Understandings	Resources
Intermediate	Students will demonstrate the ability to practice health enhancing behaviors and reduce health risk using goal setting and decision making skills.	<ul style="list-style-type: none"> • Sexual harassment • Flirting • Date rape • Abstinence • Relationships • Dating • Group dating 	<ul style="list-style-type: none"> • The differences between good and bad relationships • Advantages of group dating • Importance of setting limits in dating situations • Ways to practice abstinence • Understand the benefits and rewards of abstinence • Compare/contrast flirting and sexual harassment • Compare/contrast appropriate behavior and sexual harassment • Identify options to report sexual harassment or rape • Compare/contrast difference between rape and date rape • List ways to protect yourself against sexual harassment and rape 	<ul style="list-style-type: none"> • Family Resources • DCSD Sexual Harassment Policy • Textbook • Videos

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Grade level	Benchmark	Vocabulary	Key Understandings	Resources
High School	Students will demonstrate the ability to practice health enhancing behaviors and reduce health risk using goal setting and decision making skills.	<ul style="list-style-type: none"> • Sexuality • Self-concept • Self-esteem • Goal • Empathy • Values • Peer pressure • Communication • Conflict • Dating • Date violence • abstinence • Intimacy • Refusal skills • Puberty • Endocrine system • Reproductive system • Menstruation • Commitment • Marriage • Blended family • Separation • Divorce • Single parent family • Heredity 	<ul style="list-style-type: none"> • Students will understand how sexuality develops • Students will understand the positive and negative relationship with peers • Students will understand the importance and benefits of abstinence in preventing pregnancy and sexually transmitted diseases • Students will understand the function of the male and female reproductive systems • Students will understand the responsibilities of being a parent • Students will understand the development of a fetus from conception through pregnancy • Students will understand the harmful effects on the fetus with the mother's use of alcohol, tobacco, and other drugs • Students will understand the stages of labor • Students will understand 	<ul style="list-style-type: none"> • Textbook • Human sexuality textbook supplement • Edgerton Women's Health Center • Crisis Pregnancy Center

		<ul style="list-style-type: none">• Parenting• Fertilization• Prescription birth control methods• Over-the – counter birth control methods	<p>contraceptive methods and the role they play in preventing pregnancy</p> <ul style="list-style-type: none">• Students will understand how to protect themselves from sexually abuse and date rape drugs• Early detection and warning signs that prompt individuals to seek health care for the male and female reproductive systems	
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Grade level	Benchmark	Vocabulary	Key Understandings	Resources
High School	Students will comprehend concepts related to health promotion and disease prevention	<ul style="list-style-type: none"> • Communicable diseases • Pathogen • Infection • Virus • Bacteria • Immune system • Vaccine • Immunity • Sexually Transmitted Infections • Abstinence • HIV • AIDS • Gynecologist • Pap smear 	<ul style="list-style-type: none"> • Students will understand the types of pathogens that cause communicable diseases • Students will analyze the importance and benefits of abstinence as it relates to the prevention of sexually transmitted diseases • Students will develop and analyze strategies related to the prevention of communicable diseases such as sexually transmitted diseases • Students will be able to explain how HIV affects and destroys the immune system 	<ul style="list-style-type: none"> • Textbook • Scott County Health Department • Edgerton Women’s Health Center • American Red Cross • Videos • Health related government websites

			<ul style="list-style-type: none">• Students will be able to recognize the importance of early detection and warning signs that prompt individuals of all ages to seek health care services within the community	
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