

**September 2011
Elementary Lunch Menu**

Monday Cheese & Crackers	Tuesday Turkey Hoagie	Wednesday PB&J Sandwich	Thursday Ham Hoagie (P)	Friday Yogurt, Graham Crackers & Cheese Stick
WEEK 1	<u>Menu Key</u> (P)=Pork (V)= Meatless (WG)=Whole Grain Rich		1 Baked Spaghetti Crisp Romaine Salad w/Dressing Grapes Bread Stick Milk	2 Cheese Pizza (V) Steamed Carrots Spinach & Iceberg Salad Mandarin Oranges & Pineapple Milk
WEEK 2 5 No School Labor Day	6 Deli Ham & Cheese on (WG) Bun Peas & Carrots Mixed Berries Milk	7 Chicken Filet on WG Bun Raw Broccoli & Cauliflower w/Dip Pineapple Tidbits Milk	8 Taco Nacho Chunky Salsa/Lettuce Salad Refried Beans Chilled Peaches Milk	9 Fish Nuggets Green Beans Fresh Fruit Choice Whole Grain Dinner Roll Milk
WEEK 3 12 Whole Grain Corndog Steamed Corn Pears Milk	13 Chicken Nuggets Mashed Potatoes w/Gravy Orange Wedges Spinach & Lettuce Salad Whole Grain Dinner Roll Milk	14 Sausage Pizza Green Beans Seasonal Melon Milk	15 Baked Rotini Steamed Broccoli Fresh Fruit Whole Grain Dinner Roll 100% Juice Shape Up Milk	16 Bean & Cheese Burrito (V) Vegetable Relishes w/ Dip Mixed Fruit Milk
WEEK 4 19 Hot Dog on WG bun Potato Smiles Pink Applesauce Milk	20 Soft Shell Taco Fiesta Rice Dark Leafy Lettuce Salad Fresh Fruit Choice Milk	21 Hamburger on Whole Grain Bun Baked Beans Tropical Fruit Milk	22 Chicken Filet on WG Bun Sweet Thing Tots Cole Slaw Dessert Milk	23 Mozzarella Max Sticks (V) w/Marinara Sauce CA Blend Veggies Spinach & Lettuce Salad Fresh Fruit Milk
WEEK 5 26 Mini Corndogs with Macaroni & Cheese Peas & Carrots Chilled Peaches Milk	27 Beef Rib on Whole Grain Bun Baked Beans Apple Slices Milk	28 Ham & Cheese on WG Bun Dark Leafy Lettuce Salad Applesauce Dessert Milk	29 Chicken Nuggets Mashed Potatoes w/Gravy Mixed Fruit Whole Grain Dinner Roll Milk	30 Buckaroo Bean Dip (V) with Tortilla Chips Salsa Spinach & Iceberg Salad Seasonal Melon Cookie Milk